



# North Idaho

## Medical Reserve Corps

September 2010

Volume 6, Issue 3

### *Introducing your County Coordinators!*

I am pleased to announce that our Medical Reserve Corps Unit has moved to the next level of organization with the installation of County Coordinators. These folks will help by being trained to serve as MRC Volunteer managers at PODs or activations; to be the “feet on the ground” to learn of volunteer opportunities in their counties; and to assist the Unit Coordinator with recruiting, orientations, and trainings. If this sounds like something *you* would be interested in doing, please contact me—we need several in each county, to serve as back-ups and helpers to each other.

Our current Coordinators are:

Benewah: Betty Jo Nichols (bettyjo.nichols@gmail.com) and Sue Howard (showard@rezmail.net);

Bonner: Anna Reed (apreed57@gmail.com) and Karen Prince (webspuds@yahoo.com);

Boundary: Opal Kish (oak1942@hotmail.com);

Kootenai: Tina Piaskowski (tinaptwo@gmail.com), Valerie Scrafford (Scrafford@roadrunner.com),

Michelle Strobe (michellestrobe@hotmail.com);

Shoshone: Steve Brown (repbrown@verizon.net).

Please join me in congratulating these folks and let any of us know if you hear of a potential MRC event in your area or at your workplace.

September is  
National Preparedness Month

Thank you to all of our  
MRC Members for helping North Idaho to Be Prepared!

### North Idaho MRC Contact Information

8500 Atlas Road, Hayden, ID 83835

208-415-5185

MRC@phd1.idaho.gov

### EMAIL Update

While some members *do* have good access to email, every time I send out an email announcement, I receive LOTS of returned emails because the address is no good. Many times this is because the member has changed their email provider, or has used a work email address. If you use a work address, your work's spam filter can reject a bulk email, such as the ones I send. So, if you haven't been receiving any emails from me, please be sure to let me know your up-to-date email address by sending me an email at “MRC@phd1.idaho.gov” and be sure to include your name so I can identify you! THANKS! *And special thanks to all those who returned the questionnaire last time!*

### *A new/old way to stay in touch!*

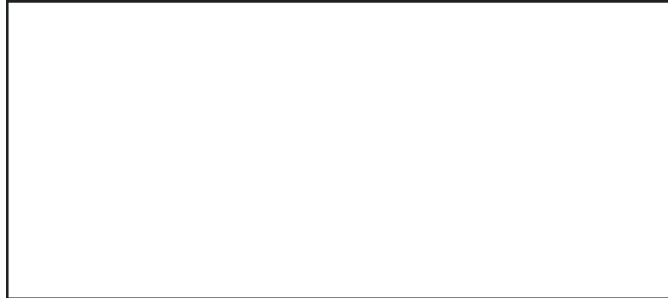
Due to the rural nature of our beautiful part of the country, we don't all have fast & easy internet access. When I get a request for volunteer help and don't have time to send a newsletter, I use email. But for those who don't have or don't regularly check email, I have a new/old system: the telephone! I will record our upcoming events on the phone message and you can call as often as you like to check for updates and chances to volunteer.

If you want to just leave a message, press the “#” key and start speaking at the tone, and you won't have to listen to the longer event announcements. So, please call our MRC line at 208-415-5185 to learn what's new!




**Thanks** to all those who were able to help at recent events: Labeling Lending Library Toys; Mailing the Newsletter; Helping at Health Connection Community Clinic; the Kootenai County Fair—Edible Aquifer; First Aid Booth at Wallace 1910 Fire Commemoration. See the insert on how you can help at the 9/25/10 Veteran's Stand Down.

**New & Old Member Meetings and Orientations**  
St. Maries PHD, 137 N 8th; Oct. 6 2010,  
Sandpoint PHD, 322 Marion; Oct. 13, 2010,  
Hayden PHD, 8500 N. Atlas, Oct. 27 2010.  
All meetings will be from 10:00 am to Noon  
Sandwiches will be served at Noon



Panhandle Health District  
Medical Reserve Corps of North Idaho  
8500 North Atlas Road  
Hayden, ID 83835



### **New (and Old) Member Meeting And Orientation**

...As noted on the front, we will repeat the summer Orientations for those who could not attend in June and July. Training will include where to go/what to do if you are activated; personal and family preparedness; an introduction to the Incident Command System; an overview of Just In Time training, and more!.

...New members who have not been to an Orientation are encouraged to attend. And all members who would like a refresher are certainly welcome also. Sandwiches will be served at noon.

...**All meetings will be from 10:00 am to Noon.**

...**PLEASE RSVP to 208-415-5185** (press the “#” key if you don’t want to hear the entire announcement) and tell me your name, your phone number, and WHICH location you will attend. I need your RSVP so I can prepare training materials. **THANK YOU!**

### **Training Plans**

...Those who have been to Orientation know that one of the things we talk about is the free optional training that is available to all MRC members. Many of the classes are offered online, with easy to follow instructions. We introduce you to the Idaho Learning Management System (LMS) which allows us to track which classes you have taken.

...At this time, our National MRC office has asked that we step up our training offerings, and to the extent that it is possible, have as many of our members take the basic classes, which are IS-700, National Incident Management System; and ICS-100, Introduction to Incident Command System (ICS). These two classes provide an understanding of ICS and how the MRC operates during an activation. We cover some of this in Orientation, and there is some ICS information in your Member Guide, but the classes are more in-depth.

...**To start, we will offer IS-700 and ICS-100 in Hayden in October during the day. Please call 208-415-5185 to get the exact date.** We will confirm the date & time by Oct. 1.

Send all comments, questions, etc. to

[jscarborough@phd1.idaho.gov](mailto:jscarborough@phd1.idaho.gov) or call 208-415-5185

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